



Other Fun Cultural Activities

By taking the time to learn about your own cultural background as well as other cultures, you will appreciate what makes each of us unique. Although there is no one exactly like you, we are all similar. Learn about how other people live and their customs.

1. Learn to eat with chopsticks.
2. Prepare ethnic foods at home—Italian, Mexican, Chinese, Greek.
3. Visit a cultural museum.
4. Learn the polka (a traditional Czechoslovakian dance)
5. Make sauerkraut (German)
6. Ask your grandparents to tell you a story about when they were a child.
7. Make papel picado (cut paper), a traditional Mexican decoration.
8. Have your parent help you draw a family tree.
9. Watch a Spanish TV program or listen to music in another language.

Understanding our differences but appreciating our similarities will make you a better person, so go ahead and start learning about yourself and others now!