



Make a Greek Salad (Salata Greka)

Surprise your family and make a delicious Greek salad using the recipe below. While you may need a parent's help to buy the ingredients, and perhaps even to chop the vegetables and/or make the dressing, it was your idea to try something new and that's what's important!

Salata (Salad)

- 1 clove garlic, halved
- 1 head lettuce, torn into bite-sized pieces
- 1/2 cup chopped celery
- 3 tomatoes, cut into wedges
- 1 green onion, finely chopped
- 1/2 cup green pepper, sliced
- 5 radishes, sliced

Dressing

- 1/4 cup olive oil
- 2 Tablespoons red wine vinegar
- 1 teaspoon oregano
- salt and pepper to taste

Garnish

- Kalamata olives
- 1/4 cup crumbled feta cheese

Rub wooden salad bowl with garlic. (If you don't have a wooden bowl, simply use a salad bowl.) Wash and dry vegetables and lettuce well and mix together in the bowl. Mix the seasonings together with the vinegar and whisk in the oil. Add dressing to the salad and toss. Garnish with kalamata olives and crumbled feta cheese.

Makes 4 to 6 servings.