



Other Cultural Activities

By taking the time to learn about your own culture as well as others, you will appreciate what makes each of us unique. Although there is no one exactly like you, we are all similar. Learn about how other people live and their customs.

1. Learn to eat with chopsticks.
2. Prepare ethnic foods at home—Italian, Mexican, Chinese, Greek.
3. Visit a cultural museum (the Institute of Texan Cultures).
4. Learn the polka (a traditional Czechoslovakian dance).
5. Make sauerkraut (German).
6. Ask your grandparents to tell you a story about when they were a child and things they did with their parents and/or grandparents.
7. Make papel picado (cut paper), a traditional Mexican decoration.
8. Have your parent help you draw the family tree.
9. Watch a Spanish TV program or listen to music in another language.